

# School Wellness Policy Building Annual Progress Report

**School Name:** Atwater Cosmos Grove City Public Schools **Wellness Contact Name/E-mail:**

This tool is to document each school's progress in meeting the expectations of the district's wellness policy. Schools should document the steps that have or will be taken. The items that are completed at the district level should be pre-filled to inform all school staff of the implementation status of all goals.

<b>Wellness Policy Language</b> <i>(add more lines for goals as needed and change goal titles based on local policy language)</i>	<b>Fully in Place</b>	<b>Partially in Place</b>	<b>Not in Place</b>	<b>List steps that have been taken to implement goal and list challenges and/or barriers of implementation.</b>	<b>List next steps that will be taken to fully implement and/or expand on goal.</b>
<b>Nutrition Education and Promotion Goals</b>					
1. EXAMPLE: <i>Nutrition education is offered at each grade level as part of a sequential, comprehensive, standards-based program designed to provide students with the knowledge and skills necessary to promote and protect their health.</i>	X			Nutrition education is part of the science curriculum in each grade level.	Explore additional lessons and activities that incorporate nutrition education into math, reading and social studies.
2. Do not use food as reward		X		Teacher education	Corrective discipline
3. Utilize Fruits and Vegetables from garden	X			Purchased equipment and Staff	
4. Offer curricula re: health and production	X			Changed class offerings	
<b>Physical Education and Physical Activity Goals</b>					
1. Incorporate physical activity in to lessons	X			Utilized dance teachers from Perpich Center for Arts Education	
2. Physical Education Required K-9	X			Changed class offerings	
3. Do not use recess as a discipline		X		Teacher education	Additional teacher education
4.					
<b>Nutrition Guidelines for All Foods Available to Students</b>					
1. Reduce sodium & fat in Ala Carte	X			<i>Utilized vendor training</i>	.
2. Remove pop from vending	X			Removed machines	
3. Adhere to Federal State Guidelines	X			State vender training	
4. Provide sufficient time to eat	X			Monitors given authority to extend lunch	
<b>Other School Based Activities Goals</b>					
<b><i>Integrating Physical Activity into the Classroom Settings</i></b>					
1.					

2.					
3.					
4.					
<b>Communication with Parents</b>					
1.					
2.					
3.					
4.					
<b>Food Marketing in Schools</b>					
1.					
2.					
3.					
<b>Staff Wellness</b>					
1.					
2.					