

September 2020

ACGC Hybrid Distant Learning Menu



BREAKFAST
Served with Milk,
Juice, and Fruit

LUNCH
Served with Milk,
Vegetable and Fruit

ALL MENU ITEMS SUBJECT TO CHANGE

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER



Nutrition Tip: With September being Whole Grains month, try increasing your whole grain intake by snacking on ready-to-eat whole grain cereals, whole grain crackers or popcorn.

Reference: USDA MyPlate



Monday

Tuesday

Wednesday

Thursday

Friday

No School 1

No School 2

No School 3

No School 4

Labor Day
No School 7

Benefit Bar, String
Cheese, Fruit Cup 8

Sandwich, Chip, Fresh Veggies,
Fresh Fruit, Treat

Benefit Bar, String
Cheese, Fruit Cup 9

Sandwich, Chip, Fresh Veggies,
Fresh Fruit, Treat

Cereal, Granola Bar,
Fruit Cup 10

Pizza, Snack Mix, Fresh
Veggies, Fresh Fruit, Salad Mix

Cereal, Granola Bar,
Fruit Cup 11

Pizza, Snack Mix, Fresh
Veggies, Fresh Fruit, Salad Mix

No School 14

Breakfast Cookie,
Marble Cheese, Fruit 15

Chicken Salad Sandwich on
Pretzel Roll, Baked Chip, Veggies,
Fruit, Treat

Breakfast Cookie,
Marble Cheese, Fruit 16

Chicken Salad Sandwich on
Pretzel Roll, Baked Chip, Veggies,
Fruit, Treat

Pancakes, Turkey
Link, Syrup, Fruit 17

Bosco Stick, Marinara Sauce,
Salad Mix, Fresh Fruit

Pancakes, Turkey Link,
Syrup, Fruit 18

Bosco Stick, Marinara Sauce,
Salad Mix, Fresh Fruit

No School 21

Yogurt Parfait, Fruit,
Granola, Cinnamon Crisp 22

Egg Roll, Rice, Fresh Veggies,
Pineapple, Cookie

Yogurt Parfait, Fruit,
Granola, Cinnamon Crisp 23

Egg Roll, Rice, Fresh Veggies,
Pineapple, Cookie

Cinnamon Roll, String
Cheese, Fruit 24

Grilled Cheese, Tomato Soup,
Fresh Veggies, Fresh Fruit

Cinnamon Roll, String
Cheese, Fruit 25

Grilled Cheese, Tomato Soup,
Fresh Veggies, Fresh Fruit

No School 28

Pancake on a Stick,
Syrup, Fruit 29

Philly Sandwich, Fresh Fruit,
Fresh Veggies, Treat

Pancake on a Stick,
Syrup, Fruit 30

Philly Sandwich, Fresh Fruit,
Fresh Veggies, Treat

