

# September 2020

## ACGC Elementary Menu



**BREAKFAST**  
Served with Milk,  
Juice, and Fruit

**LUNCH**  
Served with Milk,  
Vegetable and Fruit

**ALL MENU ITEMS SUBJECT TO CHANGE**  
THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER



**Nutrition Tip:** With September being Whole Grains month, try increasing your whole grain intake by snacking on ready-to-eat whole grain cereals, whole grain crackers or popcorn.

Reference: USDA MyPlate



### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

No School

No School 1

No School 2

No School 3

No School 4

No School Labor Day 7

Breakfast Cookie, String Cheese, Apple 8  
Sandwich, Chip, Baby Carrots, Pineapple, Fruit Snack

Cereal, Granola Bar, Peaches 9  
Build your own pizza, Peaches, Treat

Strawberry Bagel, Pears 10  
Turkey Roll Up, Snack Mix, Pears, Fresh Green Beans, Fruit Roll up

Benefit Bar, Orange Wedges 11  
Hot Dog, Baked Beans, Fruit Cocktail, Fresh Veggies, Cookie Roll up

No School 14

Cereal, Granola Bar, Fruit 15  
Bosco Sticks, Marinara Sauce, Fruit

Yogurt, Scooby Sticks, Fruit 16  
Chicken Patty, Broccoli, Fruit

Cereal, Oatmeal Bar, Fruit 17  
Quesadilla with Fixings, Broccoli, Fruit

Snack Breads, String Cheese, Fruit 18  
Hamburger, Fries, Fruit

No School 21

Benefit Bar, String Cheese, Fruit 22  
Pizza, California Blend, Fruit

Cereal, Cinnamon Crisp, Fruit 23  
Chicken Nuggets, Mashed Potatoes, Corn, Fruit

Muffin, String Cheese, Fruit 24  
Tator Tot Hotdish, Bread, Green Beans, Fruit

Cereal, Granola Bar, Fruit 25  
Mini Corn Dogs, Baked Beans, Fruit

No School 28

Snack Bread, Marble Cheese, Fruit 29  
BBQ on Bun, Fries, Fruit

Strawberry Bagel, Fruit 30  
Spaghetti with meat sauce, Breadstick, Corn, Fruit

